

INTRODUCTION

To the Student-Athletes of MBBC:

This manual has been developed to inform you of Maranatha Baptist Bible College Athletic Department's policies and procedures that relate to you as an athlete. Please read this booklet carefully. You are responsible for the information it contains. These policies are minimum standards. Some teams will have additional policies. Your coach will inform you of any deviations from this manual.

You are a student-athlete. Doing well academically is crucial. Please do not forget this. However, athletics can complement your education. Athletics present many opportunities but also demands greater responsibility. You must be able to balance your dual roles in order to succeed in both.

Please remember that being a part of a collegiate athletic program is a privilege; not a right. You are expected to act in a manner that reflects well on your college, your team, and most importantly – your relationship with God.

This department will try to help you achieve whatever academic or athletic goals you may set for yourself. If you ever have any questions or concerns about these policies, your team, or the athletic department please do not hesitate to let me know.

Thank you for your attention to this handbook. I wish you success in the upcoming year both academically and athletically.



Mr. Rob Thompson
Athletic Director
Maranatha Baptist Bible College

The Maranatha Baptist Bible College Student-Athlete Handbook is published annually by the Maranatha College Athletic Department. The provisions of this guide are not to be regarded as a contract between the student and Maranatha College. The College reserves the right to change any policies or procedures at any time within the student's term of residence.

Athletic Department Phone Numbers

All numbers are (920) 206-xxxx unless indicated

ATHLETIC STAFF:

Athletic Director/SID

Rob Thompson2377

Assistant Athletic Director/Senior Woman Administrator

Ann Bolton2378

Athletic Department Secretary

Jen Adam2376

Sports Information Assistant/Events Manager

Open2379

Gym Facility Manager

Larry Carlson3476

Athletic Trainer

Toby Nicholson 262-4220

Faculty Athletic Representative

Bill Licht2338

Title IX Coordinator

Steve Carlson2344

Night Supervisor/Graduate Assistant

Dave Schmidt2376

Security

Tim Johns2392

Nurse

Rosemary Muse2384

Athletic Fax Number (920) 261-9109

COACHING STAFF:

Cross Country (M/W)

Gary Garrison, Co-coach2382

Lisa Turner, Co-coach (262) 560-4807

Soccer (M/W)

Josh Caucutt, Head Coach3424

Volleyball

Regina DeLozier, Head Coach4042

Football

Terry Price, Head Coach2377

Men's Basketball

Rob Cronin, Head Coach2333

Women's Basketball

Clayton Morrison, Head Coach2380

Wrestling

Scott Hawes, Head Coach3435

Softball

Rob Thompson, Head Coach2377

Baseball

Phil Price, Head Coach2362

PHILOSOPHY OF ATHLETICS

Coach Robert Thompson

Every player represents their team, their parent(s), their coach(es), their school, and most of all Christ. Therefore, their **Attitude, Actions, Appearance, Ability** and **Accountability** ought to demonstrate Christian character and dedication to each. Athletes of course are not perfect, nor are they expected to be. They are however, constantly in the spotlight. Students of all ages look up to them, parents and spectators watch their actions and reactions, officials make determinations in respect to their behavior on the court/field, and coaches are constantly striving to stretch their abilities and talents. It is not enough to "want to win"; it is the desire to fulfill God's will for our lives that must be our motivation for playing that drives us to compete to the Glory of God.

I Peter 2:15 "For so is the will of God, that with well-doing ye may put to silence the ignorance of foolish men"

Attitude

The attitude of the Christian Athlete must be to exemplify the utmost of Christian Character. Champions are not born by their win/loss record, but rather are created by hard work, dedication, and a desire to use every talent the LORD has given them to its fullest potential. An athlete should always "play to win", and not "play to not lose". Disappointments will always be a part of competition for the athlete, but temper tantrums and defeated attitudes are not. Most often, improper attitudes are born out of selfishness, an inflated ego, and an inability to accept others for what they are and what they can contribute to the team. Improper attitudes towards teammates, coaches, officials and fans cannot and will not be tolerated.

Actions

The true character of an individual is often brought to the surface through athletic competition. Though you may not always be the best team or athlete, you must strive to become the best team or athlete that you can be. You will play in a game like you practice. Therefore, it is important to have the right actions in practice. "Practice doesn't make perfect, practice makes permanent. Perfect practice makes perfect". Disappointments, frustration, and losing are all part of the learning process of athletics, and are as important as fulfillment, exhilaration, and winning. Learning how to overcome loss or defeat, or how to win with Christian grace and humility is our true purpose for athletics. The ability to apply to the Christian life what we learn on the court/field is what Christian athletics is all about.

Appearance

Dress like winners. Sloppiness is not a sign of a champion. Your first impression will set the stage to your opposition, to the officials, and to the spectators. If you are perceived as a winner, you have already won half the battle. Look sharp; play sharp. We will dress in the locker room and undress in the locker room.

Ability

Natural ability is the most recognized aspect of an athlete, but often the most insignificant. True ability is comprised of many things. The physical: skills, conditioning and stamina. The mental: court awareness, strategy and toughness. The emotional: maturity, desire, and the courage to compete. Spiritual: recognition of our true source of ability, talent and guidance in life. An athlete can possess a vast amount of natural ability and amount to nothing, but the athlete who will train and refine each gift and ability will truly become a champion. "We should recognize ability, but honor character".

Accountability

It is the expressed will of God that Christians represent to the unsaved world the character to work hard and to be to the fullest extent what God has intended us to be. We ought to therefore strive to excel in whatever we do, and to not bring upon God and ourselves the condemnation of the world. The hand of the scorekeeper does not always measure victory, for someday the records will be lost. Those things that have been well done in God's sight shall never cease to influence and reflect God's desire for man. The foolishness of some to claim Christianity and practice humanism in the arena of athletics will leave an everlasting mark upon those who know not Christ. May we through our athletic endeavors and testimony to the world, further the cause of Christ and not hinder it.

MISSION STATEMENT

The Athletic Department's purpose is to contribute to fulfilling the institutional mission of Maranatha to train men and women for effective gospel ministry. The mission of the Athletic Department is to use athletic ability to the Glory of God and to minister by reaching the unsaved and strengthening Christian character.

INTERCOLLEGIATE SPORTS

Maranatha College will offer the following varsity programs for student participation.

Fall Sports

Women's Cross Country
Men's Cross Country
Men's Soccer
Women's Soccer
Women's Volleyball
Football

Winter Sports

Men's Basketball
Women's Basketball
Wrestling

Spring Sports

Baseball
Softball

Club Sports (when interest)

Ice Hockey

Maranatha is a charter member of the Northern Athletic Conference (NAC), which was formed in 2006 by twelve institutions looking for a conference with members of similar philosophy and size and within a reasonable traveling distance. Maranatha is also a member of the Upper Midwest Athletic Conference (UMAC) in football until 2008.



NAC Members:

Alverno College
Aurora University
Benedictine University
Concordia University (WI)
Concordia University (IL)
Dominican University
Edgewood College
Lakeland College
Marian College
Maranatha Baptist
Rockford College
WI Lutheran College

UMAC Members:

Blackburn College
Crown College
Maranatha Baptist
Martin Luther College
Northwestern College
Principia College
Rockford College
Trinity Bible
UM-Morris
Westminster



NCCAA II (Midwest):

Emmaus Bible College
Grace Bible College
Great Lakes Christian College
Lincoln Christian College
Maranatha Baptist Bible College
Moody Bible Institute
Northland Baptist Bible College

On the national level, Maranatha is affiliated with the National Collegiate Athletic Association (NCAA) Division III. Maranatha College embraces the NCAA Division III philosophy. Institutions with membership at the NCAA Division III level do not provide scholarships related to athletic ability or participation. In addition, Maranatha is a member of the National Collegiate Christian Athletic Association (NCCAA) Division II.

NCCAA Philosophy Statement:

NCCAA is an organization bringing Christian colleges together not just for athletic competition; more importantly, it is an organization bringing colleges together who have common goals and perspectives in Christian higher education.

The NCCAA believes:

- That athletics are a means to an end, not an end in themselves.
- That the process is as important as the performance.
- That the person (student-athlete) is more important than the program.

Athletics in a Christian liberal arts or Bible college are unique experiences which prepare Christian men and women for a life of meaningful work and service. The athletic experience provides a dynamic growth process for learning discipline, team work, leadership, and mutual respect where the student-athlete and his/her preparation for life is more important to the coaches and the athletic administration than won-loss records and championships.

For the student-athlete who wants to be a part of a team that competes on a regional and national level but realizes the importance of his education within a biblical perspective, and for the coach who wants his/her team to represent Jesus Christ, the NCCAA is the right game plan.

NCAA Division III Philosophy Statement:

Colleges and universities in Division III place highest priority on the overall quality of the educational experience and on the successful completion of all students' academic programs. They seek to establish and maintain an environment in which a student-athlete's athletics activities are conducted as an integral part of the student-athlete's educational experience. They also seek to establish and maintain an environment that values cultural diversity and gender equity among their student-athletes and athletics staff.



To achieve this end, Division III institutions:

- Place special importance on the impact of athletics on the participants rather than on the spectators and place greater emphasis on the internal constituency (students, alumni, institutional personnel) than on the general public and its entertainment needs;
- Award no athletically related financial aid to any student;
- Encourage the development of sportsmanship and positive societal attitudes in all constituents, including student-athletes, coaches, administrative personnel and spectators;
- Encourage participation by maximizing the number and variety of athletics opportunities for their students;
- Assure that the actions of coaches and administrators exhibit fairness, openness and honesty in their relationships with student-athletes;
- Assure that athletics participants are not treated differently from other members of the student body;
- Assure that athletics programs support the institution's educational mission by financing, staffing and controlling the programs through the same general procedures as other departments of the institution;
- Assure that athletics recruitment complies with established institutional policies and procedures applicable to the admissions process;
- Provide equitable athletics opportunities for males and females and give equal emphasis to men's and women's sports;
- Support ethnic and gender diversity for all constituents;
- Give primary emphasis to regional in-season competition and conference championships; and
- Support student-athletes in their efforts to reach high levels of athletics performance, which may include opportunities for participation in national championships, by providing all teams with adequate facilities, competent coaching and appropriate competitive opportunities.

The purpose of the NCAA is to assist its members in developing the basis for consistent, equitable competition while minimizing infringement on the freedom of individual institutions to determine their own special objectives and programs. The above statement articulates principles that represent a commitment to Division III membership and shall serve as a guide for the preparation of legislation by the division and for planning and implementation of programs by institutions and conferences.

CLEARANCE TO PARTICIPATE:

Students Must Complete Annually:

- Insurance Form – Parent's signature REQUIRED
- Copy of Insurance Card – recopied every year
- Physical Examination Form – (1st and 3rd Years) **OR** Medical History Form – (2nd and 4th Years of participation) – this MUST be filled out with a health professional.
- NCAA Forms (Parent's signature required on Drug Form of student-athletes 17 years old or younger)
- Transfer students have additional forms that must be filled out as soon as possible

Insurance Policy:

Maranatha student athletes must provide evidence of insurance that includes coverage for athletic related injuries. This is a pre-requisite for practice and competition. No student will be allowed to participate in any way until such evidence of current insurance coverage is on file with the Maranatha Athletic Department. Insurance coverage must have a limit of at least \$75,000 and cover athletic-related injuries.

Maranatha Baptist Bible College will assume no responsibility whatsoever for the payment of, or authorization to pay, medical expenses resulting from injuries that occur while participating in intercollegiate athletic practices or events as a student athlete at Maranatha Baptist Bible College. Please be sure to note if there are any exclusions in your policy regarding athletic related injuries. If at any time during the school year there are any changes in insurance coverage, the student athlete must notify the Athletic Department staff immediately. A new insurance form must also be submitted along with a copy of the insurance card.

The NCAA's Catastrophic Injury Insurance Program covers student athletes who are catastrophically injured while participating in a covered intercollegiate athletic activity (subject to all policy terms and conditions). This coverage does not qualify as the basic coverage required for participation in athletics at Maranatha Baptist Bible College. It is supplemental coverage in the event of a catastrophic injury. More information on this program can be found on the NCAA's website at www.ncaa.org.

There is an option of buying insurance through the school with Markel Accident and Health Student Assist Program if you are a full time student. For more information see www.collegeinsurance.com.

ELIGIBILITY

General Eligibility Guidelines

- Athletic eligibility is affected by various athletic conference policies. Athletes with questions should check with the Athletic Director to determine criteria for each particular sport.
- Transfer students' prior work must meet the stated standards of eligibility.
- Any appeals for exceptions to the eligibility policy because of extenuating circumstances should be submitted in writing to the Academic Committee through the Registrar or the Vice President for Academic Affairs.

Maranatha Academic Eligibility:

Maranatha Baptist Bible College holds dual membership in the NCAA Div. III and the NCCAA Div. II. To be eligible to participate in athletics at Maranatha, you will have to meet the following guidelines:

Maranatha Academic Good Standing:

A student with fewer than 24 credits	1.70 GPA (C-) or above; NAC requirement is 1.75 GPA
A student with 24 or more credits	2.00 GPA (C) Cumulative and semester

Freshman	0-26 credits
Sophomore	27-58 credits
Junior	59-91 credits
Senior	92 + credits

Summer School is an excellent option to raise a GPA for fall sport participation. Consult with your faculty advisor and the registrar's office.

NAC Eligibility

Each student must be enrolled as a full time student and must have passed 12 semester hours the previous term. GPA requirements are the same as Maranatha requirements – 1.75 first year and 2.0 following. Any member school using a player ruled ineligible shall forfeit all games in that sport for the current season, resulting for wins for all opponents.

NCCAA Eligibility:

In addition to the above, the first year is a minimum GPA of 1.75 for participation and a student athlete must have attained 24 credit hours in the previous two terms of full-time attendance. The 12/24 rule applies for transfer students.

NCAA Eligibility:

The NCAA stipulates that to be eligible to participate in athletics, you must conform to your institution's guidelines of satisfactory progress, good academic standing, and have full time status. All student-athletes must be enrolled in 12 credits or more per semester. If the credits enrolled should drop below the 12-credit minimum, the student becomes ineligible immediately. The only exception to this rule is the student's last semester.

A student athlete shall complete his or her seasons of participation during the first 10 semesters or 15 quarters in which the student is enrolled in a collegiate institution in at least a minimum full time program of studies, as determined by the regulations of that institution.

NCAA Transfer: If the student athlete has not participated in intercollegiate sports but meets the good academic standing of Maranatha, then he is eligible. If the student has played previously at another institution, was eligible by their standards, and meets the good academic standards at Maranatha, then he is eligible to play. Transfer students from another institution must have a permission to speak form filled out from their current institution before the coach can speak to them. Once the student-athlete transfers to Maranatha, we must have a transfer release from their former institution.

Transfer Students:

- Only six semester hours will be accepted for transfer in any one field of study from any community or junior college after they are a student at Maranatha. There is no limitation of transfer from time prior to enrollment.
- Courses listed in the Maranatha catalog with a number of 300 or higher will not be accepted for transfer from a community college or junior college.
- A maximum of 12 semester hours will be accepted for transfer from two-year institutions after they are a student at Maranatha. There is no limitation of transfer from time prior to enrollment.
- Prior approval must be secured from the Registrar's Office in writing before enrollment in courses to be transferred to Maranatha from a two-year institution.
- Credits earned in violation of this policy will not be accepted for transfer to Maranatha.

Practice Eligibility:

- Student-athletes are not allowed to practice until all the insurance paperwork is complete including parental signatures. A one day "Grace Period" will be allowed if the paperwork needs to be faxed to the student-athlete's parents. Other eligibility paperwork must be completed in a timely manner or the student-athlete will not be allowed to continue practicing.

Competition Eligibility:

- Student-athletes are not allowed to compete until all their eligibility paperwork is completed and submitted by the Athletic Department to the appropriate conference.

Financial Eligibility:

- A sports fee is charged to all student-athletes. Those who attend pre-season, but do not make the team are still assessed the fee. If you have any questions regarding this fee, please contact the Assistant Athletic Director.
- Students who do not start the semester with the necessary down payment or who encounter any condition or occurrence of non-compliance with their Financial Agreement shall be placed on Financial Probation. Such students will be permitted a two-week grace period to come in compliance with their Financial Agreement or face ineligibility for extracurricular activities or expulsion.
- Students on Financial Probation will be allowed to remain enrolled on a two-week basis. Students must make progress toward becoming current in their financial commitments during this grace period. The athlete is allowed to practice, but not play.

Activities Ineligible Students:

- May not participate in or attend practices for extracurricular events, games, or contests. **This includes non-traditional sporting activities.**
- May participate only once per week in intramural sports.
- May not attend away college or academy athletic contests.

Student-Athlete Behavioral Infraction Consequences:

Restriction from play depends on the infraction. By right, the Deans can remove a student from participation in athletic events and can also restrict them from participating when they reach a Consequence Level. Captains are not able to serve at 75 demerits for the rest of the semester. The Deans strive to work with each student.

It is college policy that a student guilty of major infraction of College standards may not participate in any public recognition for academic or athletic achievement, and is not eligible for special awards given by faculty members, departments, coaches, etc. Students may receive conference awards, but not publicly.

DRESS CODE

Athletic Dress:

- See Student Life Journal for a description of Athletic dress.
- Athletic shorts may be worn for practice and games only. Women's shorts are loose fitting and to the top of the knee. Women should wear warm ups when walking between dorm & gym/practice fields.
- Athletic dress may **NOT** be worn for co-ed activities or watching athletic events.
- No team wear (warm ups, uniforms, shorts) are to be worn in Main Building for any reason. Casual Dress is the minimal level of dress for the Main Building.

Warm-ups are the minimum level of dress for the following situations:

- To and from home or away games. If a team does not have official team warm-ups, sweats/windpants of a uniform color and style may be worn. Coaches may have a standard of dress that is specific to their team
- If not traveling to or from the game with the team, Recreational Dress is the minimum level of dress.
- Multi-game or tournament – warm-ups must be put on when the team is not playing. *Warm-ups may be worn when attending another athletic event unless your team has completed play. (Example: Volleyball players attending a home football game between volleyball games.) If the team is finished playing and wish to attend another event, Casual Dress is the minimum level of dress for a home game, Recreational Dress for an away game.
- If the coach determines that a team needs to eat in the Dining Commons in Team Dress, warm-ups are the minimum level of dress and the team must sit together. Any team members not sitting with the team must be in leisure dress
- When there is a double basketball game or soccer game, the women's team may wear their warm ups to the men's game, but only if they sit as a team.
- Pre-season meals in the Dining Commons.

Spring Trip:

- Church Services: Class dress
- Travel: Uniform team dress includes warm ups, jackets, matching shirts, MBBC shirts, pants and leisure dress. Jeans are allowed at the discretion of the coach.
- Exception: In warm climates, shorts to the top of the knee are allowed at the discretion of the coach.
- Activities and workdays: Recreational dress which includes shorts, sweats, etc. Dress should be appropriate for the activity.

TEAM TRAVEL

Class Attendance and Absence:

Athletes will not receive preferential treatment with regard to class attendance. Absence from class because of athletic competition does not excuse an athlete from any course requirement. Most faculty members are very supportive of students' extracurricular interests and are willing to work with you regarding accommodations – especially if you are a diligent and

responsible student and if you manage any requests for accommodations in a mature fashion. See the Assistant Director if you have any questions or problems with your class attendance record.

If your team frequently misses a class, leaves early from a class, or has the potential to miss classes in order to attend a regional or national tournament, you should take only one cut in those classes. If you are in a fall and winter sport, you need to take both seasons into consideration before cutting a class that will be missed in either season.

Athletes missing 20% or more of their classes are required to follow institutional policy for credit reinstatement.

Ministry cuts – Eligible students may receive one day of excused absences for a College-approved ministry per semester. These excused absences are available only for students with three or fewer days of excused absences due to extracurricular activities during the entire semester.

Games during Finals Week

- Student-athletes who will miss a final to participate in an athletic function need to re-schedule the final(s) they will miss so that they are taken before the actual day of the exam. The proper paperwork needs to be picked up from the Academic Office and returned to the Academic Office no later than the Friday before the week of finals.
- Student-athletes may not re-schedule any exams that occur after the team has returned to campus.
- Student-athletes who are going home from the game site need to make proper arrangements through the Dean's Office.

Class Dismissal:

- The coach will let the student-athlete know what time to get out of class. In most cases, the student-athlete will attend at least the first 20 minutes of class.
- At the beginning of the class period, the student-athlete is responsible to let the teacher know that they are leaving class early.
- The student-athlete needs to arrange with the teacher to sit in a place where the class will not be disrupted when the student-athlete slips out.

Nursing Clinic Dismissal:

Every technique and topic in nursing is considered critical and essential for the nursing student. Therefore, there can be no such thing as a "missed" class or a "skipped" clinical session. The nursing faculty will work with the College and student-athlete to arrange adjustments to clinical times when possible if the request is made well in advance.

All missed clinical activities must be made up time for time. If making up activities involves scheduling special clinical hours at a health facility, the student-athlete will be charged for the extra compensation paid to the supervising instructor. The exact cost will be determined by the business office which could be \$30 or more per makeup hour. The cost will be born by the entire group involved and this may lower the cost to the student-athlete.

Transportation:

All student-athletes must travel with the team to and from the intercollegiate contests. Riding in a separate vehicle along with the team's vehicle would also be acceptable with the coach's permission. Individuals not traveling back to school with the team need to show their approved pass(es) to the coach before leaving for the game. (Passes are not needed for athletes to ride back to school with their parents. Allowing you to do this would be at the coach's discretion.)

Personal vehicles – from Nov. 15-April 1, there is to be no overnight parking in the east parking lot, the upper faculty/staff parking lot, or the parking lot on the north side of the gym. Violators will be ticketed. Student-athletes that need to park on campus overnight will need to park in the off-campus spaces between the science buildings and Melford Hall (west of the FCG).

Head phones, videos, DVD's:

- Headphones may be used for Bible reading, preaching tapes, music and class required listening.
- Athletes need to show one of the coaches what they are listening to – Bible reading, preaching tapes, music or class required listening. Music must be on the approved music list.
- Use of videos on the bus –
 - Entertainment videos need to be approved through the Dean of Student's Office prior to the trip.
 - Crusader game tapes make great viewing material and do not need to be approved.
 - Personal viewing of movies is not allowed. (ie: on laptop computers)

Lodging:

Charges for hotel rooms and tax are the responsibility of the College; expenses such as telephone and room service are to be paid by the room occupants.

Team Meals:

Money is distributed by the Coach to players on the meal plan. Preseason meals will be arranged and announced. During preseason non-meal plan student-athletes can eat on campus with the team weekdays at no cost.

MISSION TRIPS GUIDELINES

The privilege of representing one of Maranatha's sport teams is both a blessing as well as an education. Each trip is a special opportunity and perhaps a "once in a lifetime" experience for you. We trust that you will be grateful to the Lord for this wonderful privilege, and that you will count it an honor. It is our desire that you enjoy every moment.

You go forth as representatives of the Lord Jesus Christ and Maranatha Baptist Bible College. You have a strong tradition to uphold as well as a tremendous opportunity before you. Your behavior must be above reproach in the homes where you stay, in the churches where you minister, and as you travel from place to place. Remember you are always in the public eye whether you are alone, in pairs, or with the entire group. Be congenial, pliable, and willing to accept responsibility. These are days and years of training for heavenly service. As a child of the King, you are expected to reflect Him as His prince or princess.

The Head Coach is in charge and is responsible to the College for every aspect of the trip. The Head Coach may and will assign duties to team members who will faithfully carry out those assignments. A trip specific policy & procedures handout will be given to individuals going on the trip.

FACILITY HOURS

Facility hours and guidelines are located on the website www.mbbc.edu/athletics and the cnet. They are also posted at the Gym. Hours are reduced during the interim periods and the summer. Facilities are closed on holidays (dates will be posted). Any use of the gyms outside of regularly scheduled practice times needs to be arranged through the Athletic Department.

EQUIPMENT ISSUE

All clothing and equipment that is issued to you is the property of Maranatha Baptist Bible College. The items issued are for your use during practice, competition, training and conditioning. They are to be worn, and used only in conjunction with official practices, games and conditioning sessions. No items are to be removed from the athletic facilities without permission from the Athletic Department staff.

Warm ups are to be worn when the team is together as a group, not by individuals any time they feel like it.

All issued uniforms must be returned immediately following a contest or upon return from a trip to the designated place of return (i.e. laundry cart in locker room).

Laundry service is provided only for clothing issued from the Athletic Department. Student-athletes are not to turn in personal clothing for laundry service.

Items that become unusable or items that need to be replaced may be turned into your coach. Upon completion of the season, all issued clothing and equipment including towels, warm-ups and locks must be returned to the Athletic Department.

Failure to return items will result in the student-athlete being charged for the replacement cost of the non-returned item. Exam permits will also be withheld until items are returned or paid for.

TRAINING ROOM

Athletic Training Room Schedule:

Monday – Friday

2:30 – 4:00 pm

Coverage of practices/competitions as scheduled

Treatment:

- Watertown Area Health Services supplies the trainer for all home events.
- They will be available to assist you one hour before each event.
- If there is more than one event going on at a time, the trainer will determine which event to be present at, based on injury risk.

The Athletic Trainer will treat:

- Any injury or illness directly related to intercollegiate sport participation that was incurred during team travel, practice and games.
- Out of season and non-traditional season athletes will be treated following any treatments requested by student-athletes who are involved in their traditional seasons.
- Student body, faculty, and staff as time allows.

Athletic Training Room Rules & Procedures:

- When you are injured, be sure to get treatment as soon as possible during the day.
- Report all injuries on the day that they occur to your coach. Your coach will fill out an injury report. Follow up with the athletic trainer.
- After an injury, the trainer must clear the athlete before they may play or practice again.
- Hardship cases may be granted due to injury/personal problems. The athlete needs a doctor's statement. Check with the Athletic Director regarding the NCAA manual for the guidelines. It is the student-athletes responsibility to see that the coach follows through with this.
- You must check with the athletic trainer or campus nurse before going to any doctor.
 - Mrs. Muse will make doctor's appointments for any athlete who needs them.
 - There is a referral form from the Campus Health Center that you need to take with you. It is the student-athlete's responsibility to make sure the Student Health Center gets this form.
 - Class excuses are obtained from Mrs. Muse.
- Never take medication which have been prescribed for someone else.
- Appropriate attire is required in the athletic training room at all times. Muddy or cleated shoes are not allowed in the training room.
- No horseplay in the athletic training room.
- Athletes do NOT treat themselves. A certified athletic trainer must always be present during treatment.

STUDENT ATHLETIC ADVISORY COMMITTEE (SAAC)

Purpose:

- To act as a liaison between the student athletes and the athletic department.
- To give input regarding the sport procedures.
- To promote effective communication to the administration.
- To provide suggestions on programs designed to serve the student athletes needs.
- To act as a liaison between the students and the LMC & NCCAA.
- To help coordinate workers for concessions and games.

What SAAC would like to do for you:

- Be the student athlete voice to the administration.
- Listen to your ideas

Contact your team's SAAC representative with your ideas and concerns. The Student Body is welcome to express their ideas and concerns to any SAAC member. The list of members can be found on the website www.mbbc.edu/athletics.

ATHLETE AWARDS

Athletes are recognized through an athletic chapel each semester. The Coaches give out team awards and any conference accomplishments are noted. The website will also hold this information for viewing.

Scholar Athlete Awards:

Scholar Athlete Guidelines:

- The GPA in both Fall and Spring GPA must be 3.5 or higher.
- Must letter in at least one intercollegiate sports team that school year.
- In attendance both semesters (Fall, Spring)
- Recognition: Website, announcements/article in institution's publications, news release in hometown newspaper, plaque & certificate, chapel announcement, dinner with the President, information in the Media Guide.

MEDIA RELATIONS

In order to best serve you as a MBBC student-athlete, the Department of Athletics is ready to assist you in dealing with interview and photograph requests from newspapers, radio, and television stations. To protect the student-athlete's eligibility, it is important that you remember to check with the Athletic Director BEFORE AGREEING TO BE INTERVIEWED OR PHOTOGRAPHED.

We want to protect you as a student-athlete as well as promote your achievements and those of your teammates. With your cooperation, we can do this by use of media guides, press releases, photographs, news and other media interviews, and promotional plans developed with your coach. We will also compile biographical and statistical information about you during your career at MBBC.

Should you have any questions concerning this policy, please stop by the athletic office.

Media Relations Contact:

Rob Thompson, Athletic Director and Sports Informationext. 2377

If your name is spelled wrong on anything, please contact the athletic office and politely inform them of the error.

DUAL TEAM MEMBERSHIP

Athletes are allowed to participate on two teams at the same time. The first team (first joined or in-season sport) will have the priority. The Athlete can only compete with the second team when the first team is finished with their season. Any exceptions to this policy must have the approval of the coach from both sports and the Athletic Director.

- The player's first loyalty is to the first team. A coach may release a player to practice with another team with the approval of both coaches and the Athletic Director.
- There is already a time line for joining the team. Student-athletes must join within the first few weeks after pre-season or a longer approval process must be followed. This applies to both teams.
- There is not a set requirement for the amount of practice before the first competition on the second team.
- Athletes may participate in only end of the season competitions.

ATHLETE PARTICIPATION ON RELIGIOUS DAYS

Hebrews 10:25 "Not forsaking the assembling of ourselves together, as the manner of some is; but exhorting one another: and so much the more, as ye see the day approaching."

Since the scriptures clearly admonish believers to be faithful in assembling together, attendance is required to church and the following policy adhered to: Maranatha Baptist Bible College prohibits the participation in athletic events on Sunday. God has established from the beginning that there should be one day of the week set aside for special emphasis. God rested on the seventh day after his six days of creation. We were created by God to worship Him and we have set aside Sunday as the day for worship and rest.

STUDENT ATHLETE / COACHES MEETINGS

- Coaches are expected to meet with their student-athletes annually.
- Coaches are expected to do exit interviews with their senior student-athletes.

LIGHTENING POLICY:

Maranatha Athletics follows the NCAA Guidelines for severe weather and lightening.

- By the time the Head Coach obtains a 10 mile reading on the lightning detector or a flash-to-bang count of 30 seconds, all individuals should have left the athletic site and reached a safe structure or location. Athletic events may need to be terminated.
- The existence of blue sky and the absence of rain are not protection from lightning. Lightning can, and does, strike as far as 10 miles away from the rain shaft. It does not have to be raining for lightning to strike.
- Play can resume 30 minutes after all lightning and thunder activity has ceased.

CODE OF CONDUCT

Acceptable Behavior:

- Applause during introduction of players, coaches, and officials
- Players shaking hands with an opponent who fouled out while both sets of fans recognize the player's performance with applause
- Know the rules of the game, especially current changes
- Accept all decisions of officials and line judges, for they are human too
- Cheer in a positive manner
- Handshakes between participants and coaches at the end of the contest, regardless of outcome
- Treat competition as a game, not a war
- Coaches / Players treating opponents with respect and enthusiasm, recognizing them for outstanding performance of coaching
- Applause at the end of the contest for performance of all participants
- Everyone showing concern for an injured player, regardless of team
- Encourage surrounding people to display only sportsmanlike conduct
- Remember your actions reflect Christ and MBBC

Unacceptable Behavior:

- Yelling, name calling or distracting sounds and movements during an opponent's serve, free-throw attempt, etc.
- Disrespectful or derogatory yells, chants, songs or gestures (comments directed at the opposition to ridicule or taunt)
- Criticizing officials (or line judges) in any way; displays of temper with an official's call; Ooing, booing or heckling an official's decision
- Refusing to shake hands or give recognition for good performances
- Use of profanity or displays of anger that draw attention away from the game
- Dangerous behavior – pushing, passing of students / "body surfing", throwing objects on the court or field
- Excessively loud noise makers and laser pens. No noise makers may be used during play

***If you feel that you cannot control your emotions or conduct, please remove yourself from the gymnasium. This will save you the embarrassment of being removed. Written by Rob Thompson, Maranatha Athletics 2003**

DRUG & ALCOHOL POLICY

The possession, consumption or use of alcoholic beverages, tobacco or illegal drugs will not be permitted while enrolled as a student at Maranatha. It is understood that violations of civil law regarding underage drinking, providing of alcoholic beverages to underage individuals, or possession or use of illegal drugs at any time, will result in dismissal from competition and the institution.

Drug Policy:

The College does not condone the possession, consumption, ingestion, injection, or inhalation (without prescription or medical authorization) of substances that have the capacity to change a person's mood, behavior, or mind, or modify and relieve pain, such as, but not limited to marijuana, opiates, amphetamines, barbiturates, hallucinogens, psychedelics, or solvents. Any student found to be in conflict with the above or local, state, and federal narcotics laws will be referred to the Dean of Students, who will determine the sanction. The sanction may result in separation from the College. Disciplinary action against a student under College rules does not preclude the possibility of criminal charges against that individual. The filing of criminal charges similarly does not preclude action by the College.

The Maranatha Athletic Department and Staff do not officially endorse the use of supplements. Athletes are encouraged to meet their needs through a balanced diet and proper conditioning.

NCAA drug testing and Banned Medications:

A list of banned substances is given out with eligibility paperwork and posted in the locker rooms.

As a reminder, all student-athletes should be advised to inform the sports medicine staff about any medications, over-the-counter or prescription, they are taking or take routinely. The NCAA provides a procedure that institutions should follow if a student-athlete is taking a medication that contains an NCAA banned substance and the student-athlete has a documented medical history demonstrating the need for regular use of such a drug. A doctor's statement must be on file with the athletic office (see http://www1.ncaa.org/membership/ed_outreach/health-safety/drug_testing/exceptions).

Student-athletes will refrain from the use of performance-enhancing drugs or substances banned by the NCAA (Supplement D) and understand that the use of banned substances will result in the loss of NCAA eligibility for one full calendar year as well as dismissal from the team. NCAA's official position: Many nutritional/dietary supplements contain NCAA banned substances. In addition, the U.S. Food and Drug Administration (FDA) does not strictly regulate the supplement industry; therefore purity and safety of nutritional/dietary supplements cannot be guaranteed. Impure supplements may lead to a positive NCAA drug test. The use of supplements is at the student-athlete's own risk. Student-athletes should contact their institution's team physician or athletic trainer for further information.

Should Maranatha be selected by the NCAA for a drug testing site, the protocol set by the NCAA in their Drug-Testing Program will be followed. The Campus Health Nurse is the site coordinator.

GAMBLING (NCAA 10.3)

Staff members of a member conference, staff members of the athletics department of a member institution and student-athletes shall not knowingly:

- Provide information to individuals involved in organized gambling activities concerning intercollegiate athletics competition;
- Solicit a bet on any intercollegiate team;
- Accept a bet on any team representing the institution;
- Solicit or accept a bet on any intercollegiate competition for any item (e.g., cash, shirt, dinner) that has tangible value;
- Participate in any gambling activity that involves intercollegiate athletics or professional athletics, through a bookmaker, a parlay card or any other method employed by organized gambling.

THIS INCLUDES FANTASY GAMES FOR PRIZES!!

HAZING

Hazing is the verbal or physical harassment of an individual and may include peer pressure that induces someone to do something embarrassing, humiliating or illegal. Hazing is strictly prohibited and is subject to significant disciplinary action up to and including expulsion from Maranatha. Any incident of hazing should be reported immediately to the Dean of Students.

SEXUAL HARRASSMENT

Sexual harassment by members of the athletic department staff and student-athletes will not be tolerated in any manner. The sexual harassment policy of the college is listed in the Student Life Journal.

Title IX

Title IX of the Education Amendments of 1972 states, "No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving Federal financial assistance." In the event of any grievance, contact the Title IX Coordinator for further instructions.

Title IX Coordinator
Mr. Steven D. Carlson
OM 202 (Registrar's Office)

STUDENT ATHLETE GREIVENCE PROCEDURES

When there is a grievance the proper procedure is to follow the concept of Matthew 18. First go to the individual, then bring someone else and go to them. If at that time it is unresolved then go to the authority. First go to the Coach, then the Assistant Athletic Director or the Athletic Director. All the athletic personnel have an open door policy and will be happy to talk with you or set up an appointment to help resolve your grievance.